



Product Comparison Chart

	Bios Life E	Red Bull	Monster	Rockstar	MonaVie (Emv)	Efusion (Edge)
Size	8.4 oz	8.4 oz	16 oz	16 oz	8.4 oz	8.4 oz
Sugar	0 g	27 g	54 g	60 g	37 g	20 g
Carbohydrates	0 g	28 g	54 g	60 g	40 g	20 g
Calories	2	110	200	220	170	80
Vitamin B2 (%DV)	588%	0%	0%	400%	0%	50%
Vitamin B3 (%DV)	250%	100%	0%	100%	200%	50%
Vitamin B5 (%DV)	200%	50%	0%	100%	200%	0%
Vitamin B6 (%DV)	1000%	250%	200%	100%	200%	125%
Vitamin B12 (%DV)	833%	80%	200%	100%	200%	125%
Focus Blend	Chi-Oka matcha green tea blend, choline, L-theanine		Panax ginseng root extract	Gingko biloba leaf extract, Siberian ginseng root extract	Panax ginseng	
Metabolic Boost	Chi-Oka matcha green tea blend, guarana (natural occurring caffeine), B vitamin complex	B vitamin complex, caffeine	L-carnitine, guarana, B vitamin complex, caffeine	B vitamin complex, caffeine	Green tea extract, guarana (natural occurring caffeine), B vitamin complex	B vitamin complex, caffeine
Super Antioxidants	Chi-Oka matcha green tea blend, apple, resveratrol, blueberry, pomegranate				Acai, acerola, camu camu, cupuacu, green tea extract	Acai, berry blend
"On-The-Go" Packs	Yes	No	No	No	No	No